Sáhaar (Sahar Khosrojerdi) was born to an artistic family. Her father is known for his pioneering art approach in the Middle East. Therefore, Sáhaar had the privilege of being raised not only by the great masters of her time but also by accessing groups of artists at parties and gatherings. Her childhood was an immersion in the art world, within her family, and through the exposure to architecture and the history of art.

Since a young age, Sáhaar's eyes have been trained to observe and appreciate nature as the most authentic form of art, a competition she found impossible to surpass. All the sources she had access to, combined with her artistic instinct, guided her to pursue the path, studying at a Fine Art School, directed by great art masters of the time. During this time, Sáhaar learned how to draw academically and used her talent to create thousands of paintings. She stood out amongst other students by the quality and quantity of the artwork she produced. This was when she got interested in Paul Gauguin's oil paintings and recreated 15 of his works, one per week. These exercises enabled her to perfectly draw from her imagination on various scales. She has been drawing and painting continuously using different mediums for the past 23 years.

Sáhaar finds beauty in nature's emerging geometries, and she discovered architecture and design as ideal fields for experimenting with geometry. Sáhaar decided to study architecture which has given her imagination a 3rd dimension and also a better understanding of perspective. Her strength in hand sketching in order to express ideas was recognised during her Bachelor's course at the Eastern Mediterranean University, Famagusta. She graduated with a diploma in architecture while being asked to join BSG Architectural firm in her last year of study. Her artistic approach to design was acknowledged, which led her to practice as an architectural designer for 5 years.

Throughout all these years, Sáhaar had never forgotten her interest in shoe and fashion design, evident from the design albums she produced at the age of fourteen. She had her first professional experience at the age of nineteen and worked as a theatre costume designer alongside a well-established and internationally known theatre director, Pari Saberi (a drama and theatre director who received Knight of the French Ordre des Arts et des Lettres, awarded by French President Jacques Chirac). Sáhaar's talent in design has been recognised by Pari Saberi who invited Sáhaar to work as a costume designer in one of her plays with more than 60 roles on the stage. This opportunity directed Sáhaar on the path to becoming a theatre custom designer and working with many great artists in the Tehran National Theatre for more than 5 years.

Later, she moved to London following up her interest in studying footwear design at one of the most prestigious fashion schools; Cordwainers, London College of Fashion (UAL) in 2010. Sáhaar's design work during her course stood out and was recognised by the college masters, including her winning design entry for the annual School of the Footwear Design competition announced by Nicholas Kirkwood (held by LVMH). She was one of the selected artists for the London Art Biennale 2021. Sáhaar's recent paintings and drawings represent "the world through her eyes", capturing both her personal and artistic experiences, supported by two decades of trained techniques and developed skills.